

ZC 2026: Session: 4: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Verluyten Philippe

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 29: 100M BACKSTROKE WOMEN 11-12 **Heat:3, starttime: 14:06**

Heat: 3/12 Lane : 1 Athlete: HERREGODTS INA **Q-time: 01:43:44**

PB (50m pool): 01:43.44 Lago Gent Rozebroeken 03/05/2026 **PB (25m pool): no time** **SB: 01:43.44** Lago Gent Rozebroeken 03/05/2026

	5 0 M	1 0 0 M	
PB	no time	01:43.44	
	<i>no time</i>		
	

Coach feedback:

Event number: 33: 100M FREESTYLE MEN 11-12 **Heat:4, starttime: 15:41**

Heat: 4/11 Lane : 5 Athlete: EL BOUJADDAYNI YAHYA **Q-time: 01:25:57**

PB (50m pool): 01:25.57 Gent 08/02/2026 **PB (25m pool): 01:21.08** **SB: 01:25.57** Gent 08/02/2026

	5 0 M	1 0 0 M	
PB	00:40.47	01:25.57	
	<i>00:40.47</i>	<i>00:45.10</i>	
	

Coach feedback:

Event number: 34: 100M BREASTSTROKE WOMEN 11-12 **Heat:3, starttime: 16:02**

Heat: 3/12 Lane : 5 Athlete: HERREGODTS INA **Q-time: 01:56:35**

PB (50m pool): 01:56.35 Sportoase De Watermolen 29/03/2026 **PB (25m pool): no time** **SB: 01:56.35** Sportoase De Watermolen 29/03/2026

	5 0 M	1 0 0 M	
PB	00:55.88	01:56.35	
	<i>00:55.88</i>	<i>01:00.47</i>	
	

Coach feedback: